

HEARING CONSERVATION

COURSE DESCRIPTION:

This program is intended as an overview of the basic elements of an effective hearing conservation program. An effective program includes periodic monitoring and the methods of selection, use, and care of hearing protection. An effective hearing conservation program is designed to prevent workplace hearing loss. OSHA requires training be provided to employees that are provided hearing protection. Additionally, employees exposed to noise at or above an 8-hour time weighted average of 85 decibels require annual training.

REGULATORY REFERENCE:

29 CFR 1910.95

APPROXIMATE DURATION:

25 Minutes

COURSE OUTLINE:

- 1. Introduction
- 2. OSHA Standard on Hearing Conservation
- 3. Training Objectives
- 4. Hearing Conservation Program
- 5. Sound and Noise
- 6. How We Hear
- 7. Measuring Noise
- 8. How Loud is "Loud"?
- 9. Measuring Hearing
- 10. Noise-Induced Hearing Loss
- 11. Standard Threshold Shift
- 12. Recordkeeping
- 13. Hearing Protection
- 14. Protect Your Hearing Health
- 15. Summary



