

HEAT-RELATED ILLNESS AWARENESS

COURSE DESCRIPTION:

This training course is designed to increase employee awareness of the potential hazards associated with heat stress when working in both outdoor and indoor conditions. We will discuss the requirements of a heat-related program, types of heat-related illnesses, how to recognize the signs and symptoms of heat related illness, first aid treatment and emergency response, identifying the hazards related to heat exposure, exposure limits, how to prevent heat-related illnesses through engineering controls and administrative practices, and establishing a medical monitoring program. This training will generate a greater awareness of the hazards that are present when working in extreme conditions and to inform employees about the precautions they should take to help ensure their health and safety.

REGULATORY REFERENCE:

OSHA General Duty Clause OSHA Technical Manual Section III: Heat Stress OSHA National Emphasis Program

COURSE DESCRIPTION:

- 1. Introduction
- 2. Training Objectives
- 3. Regulations
- 4. Heat-Related Illness Prevention Program
- 5. Heat-Related Illnesses
- 6. Identifying Hazards
- 7. Exposure Limits
- 8. Control Methods
- 9. Engineering Controls
- 10. Administrative Practices
- 11. Medical Monitoring Program
- 12. Summary

APPROXIMATE DURATION:

30 Minutes

60