LADDER SAFETY TRAINING

COURSE DESCRIPTION:

In this course, we will review the OSHA General Industry regulatory requirements and ANSI standards for both portable and fixed ladders most commonly used in industry today. We will focus on how to properly select, inspect and use various portable and fixed workplace ladders. In addition, we will discuss recommended best practices that can enhance your safe use of portable ladders. Applying the information that you will learn in this training session will help you avoid injuries related to the use of ladders.

REGULATORY REFERENCE:

29 CFR Subpart D
29 CFR 1910.21 through 1910.30
29 CFR 1910.333

ANSI A14-2007
ANSI A14.3-2008
ANSI A14.7-2011
ANSI A14.2-2017

APPROXIMATE DURATION:

30 Minutes

COURSE OUTLINE:

1. Welcome
2. Introduction
3. Training Objectives
4. Ladder Hazards
5. Portable Ladder Selection
6. Ladder Inspection and Repair or Replacement
7. Basic Principles of Portable Ladder Set-Up
8. Safe Work Practices for Electrical Work
9. Straight or Extension Ladders
10. Step Ladders
11. Mobile Ladder Stand and Platform Ladders
12. Fixed Ladders
13. Techniques of Use
14. Fall Protection
15. Storage of Portable Ladders
16. Summary